This helpline provides reliable information and support to all those who need assistance: people with memory loss, caregivers, health care professionals and the public.

Highly trained and knowledgeable staff can help you with:

- Understanding memory loss, dementia and Alzheimer's
- Medications and other treatment options
- General information about aging and brain health
- Skills to provide quality care and to find the best care from professionals
- Legal, financial and living-arrangement decisions

The Helpline also features:

- Confidential care consultation provided by master's level clinicians who can help with decision-making support, crisis assistance and education on issues families face every day
- Help in a caller's preferred language using our translation service that features over 140 languages and dialects
- Referrals to local community programs, services and ongoing support